



**THE NEW YOU
ONLINE**

The New You

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**| WELCOME
| HOME!**

We are so happy you got to join us in caminodevida online and experience our livestream services from your devices. If this is the first time you joined us, we want you to know you are welcome and we'd love for you to be more connected with us.

Our desire for you is to get to know more about God by joining us live every Sunday in all our social platforms: YouTube, Instagram y Facebook. Also, we'd love for you to keep tuning in to our livestream services in caminodevida online and be part of our family.

We believe that church is for us to enjoy it and not to endure it! Our desire is this could be a reality in your life.

We love you already,

Robert & Karyn Barriger
Founders and Senior Pastors of caminodevida



Here in caminodevida we say we are the same house with many rooms. However, due to the health emergency situation, we have decided to close our locations and find new ways to keep connected. We have 7 online services every Sunday, for you to be part of. Church is not a place; we are and everyone is welcome.

Online Services:

9am

10:30am (sign language)

12m

1:30pm

3:30pm

5pm

7pm (CDV Nights - Holy Communion)

| FOREWORD

The greatest decision any of us can make is the decision to give our heart and life to Jesus Christ. A relationship with Jesus secures our eternal destiny and leads to genuine fulfillment in this life. God's promise for our future is revealed in the words of the prophet Jeremiah.

“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Jeremías 29:11

To discover and live out these wonderful plans God has for us, we must take seriously our responsibility to grow in the Lord by understanding and applying His Word. So, here we have addressed the truths of God's word that are essential to establishing a foundation for a strong and enduring Christian life and take the first steps for your spiritual development.

As you begin to follow God's blueprint for your life, we know you will find great joy in His purposes and experience His amazing peace along the way.

Let's get started!

| GOD'S PLAN

Anything that's built well begins with a plan. This is true for your life. A well-built life doesn't happen by accident. It requires a plan. Not just any plan, but the right plan.

The right plan for your life starts with God. God has an incredible, wonderful future for you. It's much better than anything you could imagine or create for yourself or anything that others could create for you.

See, God knows you. He knows you better than you know yourself. He created you!

You carry a label in your soul that reads, "Designed by God!" He created you for a purpose and He has a specific plan for your life.

But there's a problem. By nature, we don't cooperate very well with our Designer. In fact, we have an inner urge to live life on our own. We want to choose our own way. We like to be our own boss. And without realizing it, we ignore, reject and dismiss God.

Without a personal connection with God, our life choices are directed by our wants and feelings, or by the opinions and pressures of people around us. The result is we can't enjoy all God's best for us.

There's something else you need to remember: God's plan for your life, actually goes beyond this life. God designed you to live forever. Yes! We are spirit, soul and body, and one day you will die physically. But there's an inner part of you that will live forever in a real, eternal place. God wants you in that place so you will be with Him!

God's plan is all about a personal relationship with Him now and for eternity. It's about you, willingly let Him to lead your life, it's about turning from your own way that ignores and dismiss God, but it's about to accept Him and follow Him. It's about to give Him total control of your life forever.

The good news is that God has made this possible! He took the necessary steps to make sure that every willing person can have a personal relationship with Him and be able to discover the plan He has for their life now and forever!

This pathway to a personal relationship with God is found in the Bible

What steps do you need to take to have a personal relationship with God now and for eternity?

1 | Acknowledge God in all your ways.

By nature, we ignore, reject and dismiss God from our lives. We choose to live as if we're the boss of our lives and live far away from God instead of letting our Creator direct and lead us. The Bible calls this, sin.

We have all turned away from God. The Bible says it in:

Romans 3:23 (NLT)

For everyone has sinned; we all fall short of God's glorious standard.

Acknowledge God in your life is the first step to get closer to Him.

2 | Choose the right path.

When you choose the wrong road—the one with the “danger” sign—you end up in the wrong place. The same is true when you choose the road that leads away from God rather than toward Him.

It’s important for you to know, sin, which means live far away from God, brings death and destruction instead of the life God intends for you.

Romans 6:23 (NCV)

The payment for sin is death. But God gives us the free gift of life forever in Christ Jesus our Lord.

3 | Know God’s plan for your life.

The good news is that God has provided the solution! He paved the way through Jesus when He died on the cross and rose from the dead, for you to leave the road of death and enter the road of life He is offering you. He did this because He loves you. He offers this solution as a free gift to all who will accept it.

Romans 5:8 (NIV)

But God demonstrates His own love for us in this: While we were still sinners, Christ died for us

John 3:16 (NIV)

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Jesus is the way God has provided. He died on the cross and rose from the dead. Jesus overcame sin and death in the cross for us. Now we are invited to believe in Him as our risen Lord and Savior. When we do that, we're changed from the inside out. We're put on a new road—the road of life. This is called the gift of salvation!

4 I Keep moving forward with God.

If you prayed this prayer for the first time: Congratulations! The Bible says this is like a seed that can grow, and you can keep growing your faith in Jesus reading the Bible and gathering with friends that have God first in their lives. We invite you to keep joining us and be part of this family.

The Bible also says you are a new person with a brand - new life in Him, a child of God. So, we encourage you to keep moving forward and growing step by step in this new life with God

John 1:12 (TLB)

But to all who received him, he gave the right to become children of God. All they needed to do was to trust him to save them.

2 Corinthians 5:17 (NLT)

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun.

Colossians 2:6, 7 (TLB)

And now just as you trusted Christ to save you, trust him, too, for each day's problems; live in vital union with him. Let your roots grow down into him and draw up nourishment from him. See that you go on growing in the Lord, and become strong and vigorous in the truth you were taught. Let your lives overflow with joy and thanksgiving for all he has done.

| Growing up

Watching something grow is fun. If you've ever planted a flower seed in a cup, it's a great day when a little green shoot breaks through the soil. It's thrilling to see the seedling grow into a mature plant and eventually produce a beautiful blossom. Growth is great! It's exciting!

If you have given your life to God by personally accepting Jesus Christ, you are like a seed that has been planted in soil. God's life has come into your spirit and soul to fill them. So, you receive a new spiritual potential. Everything needed to blossom and bear fruit is within you. Are you ready?

But growth isn't automatic. There are things that need to happen for a seed to become a healthy seedling, and eventually a mature plant with beautiful blooms. Someone must supply water, warmth, sunlight and soil nutrients if the plant is going to grow into its full potential.

The same is true for your spiritual life. You're going to experience God's plan for your life while you keep growing in your relationship with Him. The good news is that God has provided every resource you need to grow and reach your full potential and live in the plans He wants and designed for you to be, which are available and will change your life for the better!

Now it's time to start watering, warming and feeding the life of Jesus in you. How do you do this?

We encourage you to follow these steps:

1 | Get God's Word, The Bible, and read it:

Jesus said that God's Word is life-giving food. We need it to survive and thrive.

Matthew 4:4 (NLT)

But Jesus told him, "... People do not live by bread alone, but by every word that comes from the mouth of God."

Simply reading the Bible every day for a few minutes is a good starting point for getting God's Word inside you. Take five or ten minutes during your day and read a Bible verse or chapter. Schedule this time regularly so it becomes a new habit. The Bible is a supernatural book that will change your life. Keep it inside you!

Here are a few simple steps that will help you:

Get an easy-to-understand Bible translation, like the New International Version (NIV) or New Living Translation (NLT). You can get these at a Christian bookstore, an online bookstore, or by downloading online versions. A great place to find online Bibles is www.youversion.com.

Ask God to help you as you read so you can understand it. He wrote the Book! The Holy Spirit will give you understanding. Ask Him!

Begin with the book of John. Why? John gives us the story of Jesus in a very clear way. Get to know Jesus Christ verse by verse and chapter by chapter as you read through the book. After finishing John, start reading Matthew, Mark and Luke. Another great thing to do is to read a Psalm or Proverb each day

When reading your Bible, try putting yourself into the passage. Think about the emotions of the people in the verses you're reading. This will bring the Scriptures to life and help you better see how God's Word applies to you.

Ask questions as you read your Bible: What does it mean? What can I learn from this? What is here that will help me live for Jesus? You may want to keep a journal of what you're thinking about and learning as you're reading God's Word.

Memorize God's word. The Bible is organized by books, chapters and verses. Start memorizing some verses and promises into your mind and heart. They'll comfort, encourage and help you as you go through your day and as you move forward in your life.

Psalm 119:11 (NIV)

I have hidden your word in my heart that I might not sin against you.

Getting God's Word inside you is a key to your spiritual growth. Read it. Think about it. Memorize it. Feed on it every day

2 | Pray and praise God:

To grow in your relationship with God, you'll need to connect with Him and you can do it through prayer and praise. Pray is talking to God about our lives. We bring our needs and concerns to Him in prayer, knowing that He hears and answers us. Worship is spending time with God, singing songs that come from within your heart, thank and praise Him for His goodness.

Set apart a time each day to talk and praise God, He's your Heavenly Father and Friend.

Matthew 6:9-13 (NIV)

This, then, is how you should pray: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation but deliver us from the evil one."

Philippians 4:6, 7 (TLB)

Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus."

3 | Learn to think and live God's way.

Our thinking affects everything we do. If you think the wrong way, you'll live the wrong way. People who don't live for God have a different set of values and priorities than those who do.

To grow as a follower of Jesus, you must begin to think, value and prioritize life differently. Now, you're a new person living a new life and this requires a new way of thinking!

Here's how the Bible describes this new kind of thinking:

Philippians 4:8 (NIV)

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy— think about such things.”

Ephesians 4:21-24 (NLT)

Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.”

Ephesians 4:23, 24 (TLB)

Now your attitudes and thoughts must all be constantly changing for the better. Yes, you must be a new and different person, holy and good. Clothe yourself with this new nature.

Consistently replace negative thoughts for good and pure ones based on God's word and your attitudes will be more positive, your relationships will improve and your life will continue to change for the better! As you walk with God, you'll start to know His heart and learn to think as He does.

That's how you'll move forward in your relationship with Jesus and your life will start to bloom in beautiful ways.

**| GETTING
| STRONGER**

There are some other important things you can do to grow stronger as a Jesus follower. Let's look at another example, your muscles. They're obviously an important part of your physical body.

They give you agility, ability and endurance. However, your muscles will never reach their highest potential without effort, action and exercise.

The same happens when you want to do everything possible to have strong spiritual muscles. Why? They will help you stand firm in your relationship with Jesus Christ. They will help you overcome the temptations that will come your way. They will help you help other people come to know Jesus as you have come to know Him.

To build strong spiritual muscles, you need to take some important steps:

1 | Become an active part of a Bible believing church and Bible teaching church.

The Christian life was never intended to be lived alone. When you invited Jesus into your life, God brought you into His family. We are a family going heaven together.

To grow as a follower of Jesus you need to be part of the church, church is where we gather to praise, learn and serve together. Church is where we connect with each other and serve to reach people who need to know and experience God's love. The Bible teaches us this clearly:

Psalm 92:13 (NIV)

“Planted in the house of the Lord, they will flourish in the courts of our God.”

Hebrews 10:25 (NLT)

“And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.”

While no church is perfect, you should prayerfully choose a church that's focused on Jesus, that believes and teaches the Bible, find a healthy church where you can grow in your faith in Jesus and where you can feel part of a family. If you believe this church is for you, we'll be so happy for you to be part of the family of caminodevida.

2 | Take the Growth Track and be part of a small group:

You can take the Growth Track every Sunday after each service, only takes 4 Sundays and this will help you to take the next step in your relationship with God and also know more about caminodevida.

God uses other people to help you grow. Small groups and serving groups in church are some of the best ways to meet other believers and build supportive friendships. Connecting with others is one way God helps you heal and mature you.

In the different groups we have you can share the same interests, be encouraged by each other's faith, work together, pray for each other, support each other and grow together.

There are also support groups and classes that will help you to establish a foundation of God's word through teachings and conversations about how to handle your finances, growing in your parenting skills, have a better marriage, becoming a woman and men of God, among others.

Take advantage of all the resources available that will move you forward in your spiritual development.

3 | Go public with your faith and get baptized.

While our relationship with God is personal, it's not private. You need to identify yourself publicly as a Jesus follower. Look at what Jesus said about this:

Matthew 10:32, 33 (NLT)

Everyone who acknowledges me publicly here on earth, I will also acknowledge before my Father in heaven. But everyone who denies me here on earth, I will also deny before my Father in heaven.

We publicly show our commitment to Jesus in several ways.

This can happen when the pastor gives you an opportunity to receive Jesus during the service in church. People in church will celebrate your commitment with you.

We should also communicate our commitment to Jesus Christ to family and friends. In your day - to - day relationships, share with them you are a follower of Jesus. Don't be ashamed or afraid! There will be different responses when you share your faith with others. Some will be excited and have a positive response.

Others may be happy for you but not interested for themselves. There may be some that will not understand or support this new step in your life. They may even be hostile about it.

No matter how others respond, always be gracious, patient and prayerful. Don't let anyone's response to your faith shake your faith.

Water baptism is another important way we publicly declare our faith in Jesus. The Bible teaches those who believe in Jesus are obedient when they are baptized.

Jesus Himself was baptized giving us an example to follow:

Matthew 3:13-17 (NLT)

"Then Jesus went from Galilee to the Jordan River to be baptized by John. But John tried to talk him out of it. "I am the one who needs to be baptized by you," he said, "so why are you coming to me?" But Jesus said, "It should be done, for we must carry out all that God requires." So John agreed to baptize him. After his baptism, as Jesus came up out of the water, the heavens were opened and he saw the Spirit of God descending like a dove and settling on him. And a voice from heaven said, "This is my dearly loved Son, who brings me great joy."

Jesus commanded His followers to be baptized, to show the world that they truly were His followers:

Matthew 28:19, 20 (NLT)

“Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. Teach 34 A New You these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.”

When someone is baptized, they are taken down into water and brought back up from the water. This symbolizes to everyone watching your commitment to Jesus—dying to your old way of living and rising up from the water to live a new life in Jesus Christ!

For now, due to COVID-19 and the health emergency situation we are not having baptism in water. Whenever it is possible will be able to do it.

Start living according God’s Word

By inviting Jesus into your life, you are a brand-new person in Him, He is transforming your inside out. You’ll start see life with a different perspective while you seek more about God and get to know His heart. Your relationship with Jesus will make a great impact in your decisions, values and principles as part of your spiritual development.

2 Corinthians 5:17 (NLT)

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! • You have the Holy Spirit living in you.

Live to honor God. Regularly ask yourself the question, “What would Jesus do?” Ask yourself, “What does the Bible say about this?” This will help you make better decisions that will lead you to a better life

Put God first in your time, with your resources and talents.

The use of your time, talents and treasures matters to God. He wants you to make the most of all that He’s given to you.

Remember that all of your resources ultimately come from God and belong to Him. As His follower, you now want to put Him first and handle them His way. Ask God to show you how to obey Him in these areas. You’ll be blessed as you do!

Learn and believe God’s promises for your life.

God has given you wonderful promises throughout the Bible, because He loves you.

Here are just a few promises from God that will help you in your journey with Jesus.

You have been forgiven.

Ephesians 1:7 (NLT)

He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins.

1 John 1:9 (NLT)

But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

You have been made right with God and have peace with Him.

Romans 5:1 (NLT)

Therefore, since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us.

You have a brand-new life in Christ.

2 Corinthians 5:17 (NLT)

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

You have the Holy Spirit living in you.

Romans 8:10, 11 (NLT)

The Spirit gives you life because you have been made right with God. The Spirit of God, who raised Jesus from the dead, lives in you

You have eternal life.

1 John 5:13 (NIV)

I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life. God is trustworthy. When He promises something, you can count on it!

These promises help you when you believe them and trust them. God is a trustworthy God, because whatever He promises He will do it!

For example, if you don't feel like you're forgiven because of something you've done wrong, hold on to this promise:

1 John 1:9 (NLT)

But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

Let God's promises be stronger than your emotions. When you do, your emotions will eventually change.

Your decision to give your life to Jesus Christ is the greatest, wisest decision you'll ever make.

Give Him your all. Get busy growing. Don't give up in the hard times. Your best days are ahead!

Philippians 1:6 (NLT)

And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

Always remember that God loves you. He is for you. He will help you. Get to know Him. Learn to trust Him. Always obey Him and you'll experience blessings you can't imagine

“

JEREMIAH 29:11-13 (NIV)

FOR I KNOW THE PLANS I
HAVE FOR YOU,” DECLARES
THE LORD, “PLANS TO
PROSPER YOU AND NOT TO
HARM YOU, PLANS TO GIVE
YOU HOPE AND A FUTURE.
THEN YOU WILL CALL ON ME
AND COME AND PRAY TO ME,
AND I WILL LISTEN TO YOU.
YOU WILL SEEK ME AND FIND
ME WHEN YOU SEEK ME WITH
ALL YOUR HEART.

”

| BIBLE | SCRIPTURES

We encourage you to take a look at the Bible verses we have seen in this book besides the following ones. Reflect upon them and even memorize some of them. This will help you to continue growing as you renew your thinking in God's truth.

Psalm 92:13 (NIV)

Planted in the house of the Lord, they will flourish in the courts of our God.

Psalm 119:11 (NIV)

I have hidden your word in my heart that I might not sin against you.

Jeremiah 29:11-13 (NIV)

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart."

Matthew 3:13-17 (NLT)

Then Jesus went from Galilee to the Jordan River to be baptized by John. But John tried to talk him out of it. "I am the one who needs to be baptized by you," he said, "so why are you coming to me?" But Jesus said, "It should be done, for we must carry out all that God requires." So John agreed to baptize him. After his baptism, as Jesus came up out of the water, the heavens were opened and he saw the Spirit of God descending like a dove and settling on him. And a voice from heaven said, "This is my dearly loved Son, who brings me great joy."

Matthew 4:4 (NLT)

But Jesus told him, "... People do not live by bread alone, but by every word that comes from the mouth of God."

Matthew 6:9-13 (NIV)

This, then, is how you should pray: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one."

Matthew 10:32, 33 (NLT)

Everyone who acknowledges me publicly here on earth, I will also acknowledge before my Father in heaven. But everyone who denies me here on earth, I will also deny before my Father in heaven.

Matthew 28:19, 20 (NLT)

Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. Teach ³⁴ A New You these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.

John 1:12 (NVI)

But to all who received him, he gave the right to become children of God. All they needed to do was to trust him to save them.

John 3:16 (NIV)

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

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For everyone has sinned; we all fall short of God's glorious standard.

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But God demonstrates His own love for us in this: While we were still sinners, Christ died for us.

Romans 6:23 (NLT)

The payment for sin is death. But God gives us the free gift of life forever in Christ Jesus our Lord.

Romans 8: 11 (NLT)

The Spirit gives you life because you have been made right with God. The Spirit of God, who raised Jesus from the dead, lives in you.

Romans 10:9, 10, 13 (NLT)

If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For it is by believing in your heart that you are made right with God, and it is by openly declaring your faith that you are saved. ... For "Everyone who calls on the name of the Lord will be saved."

1 Corinthians 10. 13 (NLT)

The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure

2 Corinthians 5:17 (NLT)

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun.

Ephesians 1:7 (NLT)

He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins.

Ephesians 4:21-24 (NLT)

Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.

Ephesians 4:23, 24 (TLB)

Now your attitudes and thoughts must all be constantly changing for the better. Yes, you must be a new and different person, holy and good. Clothe yourself with this new nature.

Philippians 1:6 (NLT)

And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

Philippians 4:6, 7 (NLT)

Don't worry about anything; instead, pray about. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:8 (NLT)

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Colossians 2:6, 7 (TLB)

And now just as you trusted Christ to save you, trust him, too, for each day's problems; live in vital union with him. Let your roots grow down into him and draw up nourishment from him. See that you go on growing in the Lord, and become strong and vigorous in the truth you were taught. Let your lives overflow with joy and thanksgiving for all he has done.

Hebrews 10:25 (NLT)

And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.

1 John 1:9 (NLT)

But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

1 John 5:13 (NIV)

I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life. God is trustworthy. When He promises something, you can count on it!

WHEN YOU INVITED JESUS TO COME INTO YOUR HEART,

you become a member of God's family as one of His children. Now you're a new person with a new life in Christ and this is the time for you to keep moving forward with Jesus, growing step by step in this amazing journey. This book will help you as a practical guide to begin well your walk with Christ and the wonderful plan He has for your life

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